

**Sequence of Courses for a Student Majoring in
Nutrition - (Option III)
Department of Nutritional Sciences – Texas Christian University**

First Year (Courses are listed by number, title, and credit hour for each semester)

Fall Semester	Spring Semester	Summer
NTDT 10003 Contemporary Issues in Nutrition (NSC, GA) 3	NTDT 10103 Food Preparation 3	(optional)
CHEM 10113 General Chemistry 3	CHEM 10125 General Chemistry Lec/Lab (NSC) 5	
MATH 10043 Elementary Statistics (MTH) 3	ENGL 10803 Freshman Composition (WCO) 3	
OCO 3	PSYC 10213 General Psychology 3	
HEE or HMOVV 3	HEE or HMOVV 3	

Total Credit Hours 15 (Fall) + 17 (Spring) = 32 Credit Hours for First Year

Second Year (Courses are listed by number, title, and credit hour for each semester)

Fall Semester	Spring Semester	Summer
NTDT 20403 Nutrition 3	NTDT 30123 Nutrition Throughout the Life Cycle (WEM) 3	(optional)
NTDT 21163 Food and Culture (CA) 3	NTDT 30331 Medical Terminology 1	
BIOL 20233 Microbiology 3	BIOL 20214 Physiology 4	
SOCI 20213 Sociology (SSC) 3	ENGL 20803 Sophomore Composition (WCO) 3	
HEE or HMOVV 3	ECON 10223 Microeconomics (SSC) 3	
	HEE or HMOVV 3	

Total Credit Hours 15 (Fall) + 17 (Spring) = 32 Credit Hours for Second Year

Third Year (Courses are listed by number, title, and credit hour for each semester)

Fall Semester	Spring Semester	Summer
NTDT 30303 Overview of Foodservice and Nutrition Care Systems 3	NTDT 30313 Food Systems Management 3	(optional)
NTDT 30133 Meal Management 3	NTDT 30333 Medical Nutrition Therapy 3	
NTDT 30144 Quantity Foods 4	NTDT 40411 Supervised Practice in Nutrition Research I 1	
MANA 30153 Organizational Management 3	CHEM 40503 Biochemistry 3	
CHEM 30123 Organic Chemistry 3	HEE or HMOVV or elective 3	
	HEE or HMOVV or elective 3	

Total Credit Hours 16 (Fall) + 16 (Spring) = 32 Credit Hours for Third Year

Fourth Year (Courses are listed by number, title, and credit hour for each semester)

Fall Semester	Spring Semester	Summer
NTDT 40333 Medical Nutrition Therapy II 3	NTDT 40363 Community Nutrition 3	
NTDT 40343 Advanced Nutrition 3	NTDT 40403 Research Methods in Nutrition (WEM) 3	
NTDT 40353 Experimental Foods 3	NTDT 40431 Supervised Practice in Nutrition Research III 1	
NTDT 40421 Supervised Practice in Nutrition Research II 1	HEE or HMOVV or elective 3	
HEE or HMOVV or elective 3	HEE or HMOVV or elective 3	
HEE or HMOVV or elective 3		

Total Credit Hours 16 (Fall) + 13 (Spring) = 29 Credit Hours for Fourth Year

Minimum Credit Hours for Program	<u>125</u>	Minimum Credit Hours for Graduation	<u>125</u>
Curriculum Equivalent:	Number of weeks in semester excluding examination time		<u>14-15</u>
1 credit = <u>1</u> didactic hour /week; <u>2</u> laboratory hours/week; <u>3</u> supervised practice hours/week			Rev. 5/09